

**Bethanna is a nonprofit social services agency that supports children and families during difficult life transitions. Bethanna's programs and services preserve, strengthen and sustain birth, foster and adoptive families through a system of quality care. Our agency offers community-based programs and services that focus on these primary goals: the safety, permanency and well-being of Bethanna's constituents.**

**Bethanna's mission**, as a Christian agency, is to provide the highest quality system of care to children and families...to ensure safety, restore emotional wellness and build family stability.

Bethanna provides services to clients without regard to race, color, religious creed, disability, or origin.

**9 out of 10 clients are satisfied with the level of support from the Outpatient Mental Health Clinic**

## THE CLINIC SERVES CLIENTS AT TWO LOCATIONS

### ***Serving Bucks and Montgomery Counties and Northeast Philadelphia***

1030 Second Street Pike  
Southampton, PA 18966  
**215.355.6500 • 800.989.1926**

### ***Serving Philadelphia County***

1212 Wood Street  
Philadelphia, PA 19107  
**215.568.2435 • 800.285.2435**

### ***Hours of Operation***

Monday – Saturday  
9:00 am to 9:00 pm

### ***For more information, contact:***

**Mace Cooper-Drew, MA**

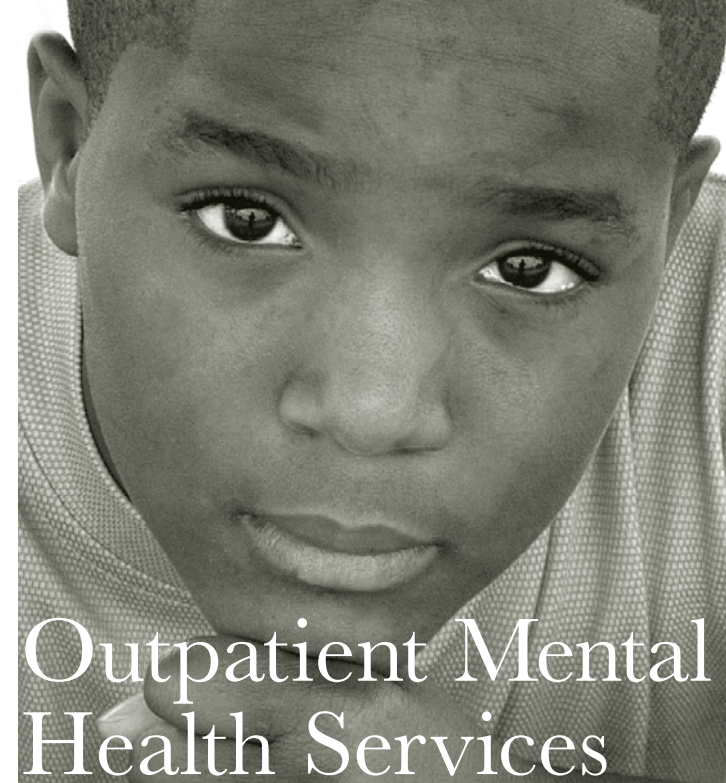
Director of Community Treatment Services

**215.355.6500, ext. 271**

A copy of the official registration and financial information of Bethanna may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 800-732-0999. Registration does not imply endorsement.



[www.bethanna.org](http://www.bethanna.org)



# Outpatient Mental Health Services

# Bethanna

SERVING CHILDREN AND  
FAMILIES SINCE 1934



## OUR APPROACH TO TREATMENT

The Outpatient Mental Health Clinic utilizes a Family Systems approach, in addition to other modalities, when treating our clients who are predominantly involved in the child welfare system. The key to establishing a comprehensive understanding of the client's history, current needs and treatment goals involves extensive case coordination with foster care agencies, children and youth social workers, child advocates and other treatment providers.

The Outpatient Mental Health Clinic is committed to providing services based on the Pennsylvania Child and Adolescent Service System Program (CASSP) principles and adheres to regulations governed by the Pennsylvania Department of Public Welfare, Philadelphia's Office of Behavioral Health and Philadelphia's Office of Mental Health.

*Supporting children  
and families along  
their life journeys*

## WHAT OUTPATIENT MENTAL HEALTH SERVICES ARE OFFERED?

Finding the appropriate treatment option is the first step on the path to emotional recovery. Bethanna's Outpatient Mental Health Clinic offers a full spectrum of behavioral health services to ensure that clients and the community have access to the least restrictive level of care that aims to stabilize clients and improve their quality of life.

During the initial evaluation process, the most appropriate services are determined to address the client's needs at that time. If more intensive services are necessary, clients are referred to Bethanna's Clinical Transition and Stabilization Services (CTSS) and other programs in the region that provide the level of care needed to achieve stability. Clients with special needs, such as autism, moderate intellectual deficiencies and sexual offending, are referred to specialized programs.

The Clinic offers an array of treatment services:

- Comprehensive Biopsychosocial Evaluations and Re-evaluations and Biopsychosocial Assessments
- Individual and Family Therapy
- Play Therapy
- Art Therapy
- Group Therapy
- Medication Evaluation and Monitoring
- Crisis Intervention
- Clinical Case Coordination – Review and Monitoring



## HOW ARE FAMILIES INVOLVED IN THE TREATMENT PROCESS?

The clinicians endeavor to involve foster, adoptive and biological families in treatment. A Family Systems approach ensures that all available members are engaged in the treatment process with the goal of addressing issues that impact the child and family. Continued support is provided after children are reunified with their biological families and during and after the adoption process to facilitate a successful transition to living together.

## WHO IS ELIGIBLE FOR OUTPATIENT CARE?

Clients having medical assistance coverage require an Axis I diagnosis in order to be eligible for services.

Clients typically treated at the Clinic include those who:

- Experienced trauma or exposure to violence, such as physical, emotional or sexual abuse;
- Demonstrate symptoms of anxiety or mood disorders;
- Are involved with the child welfare system;
- Demonstrate social problems with peers or siblings;
- Experienced severe loss or abandonment;
- Exhibited dangerous behavior in the past, such as self-injury and running away, but are now stabilized;
- Previously have been in inpatient or residential care;
- Have histories of academic and behavioral problems in school;
- Are 3 to 21 years old

