

Bethanna is a nonprofit social services agency that supports children and families during difficult life transitions. Bethanna's programs and services preserve, strengthen and sustain birth, foster and adoptive families through a system of quality care. Our agency offers community-based programs and services that focus on these primary goals: the safety, permanency and well-being of Bethanna's constituents.



PCIT Referral Procedure:

Contact: Christine Schoppe
Clinical Intake Social Worker at
215.355.6500 Ext. 206
to schedule an evaluation.

1030 Second Street Pike
Southampton, PA 18966

A copy of the official registration and financial information of Bethanna may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 800-732-0999. Registration does not imply endorsement.

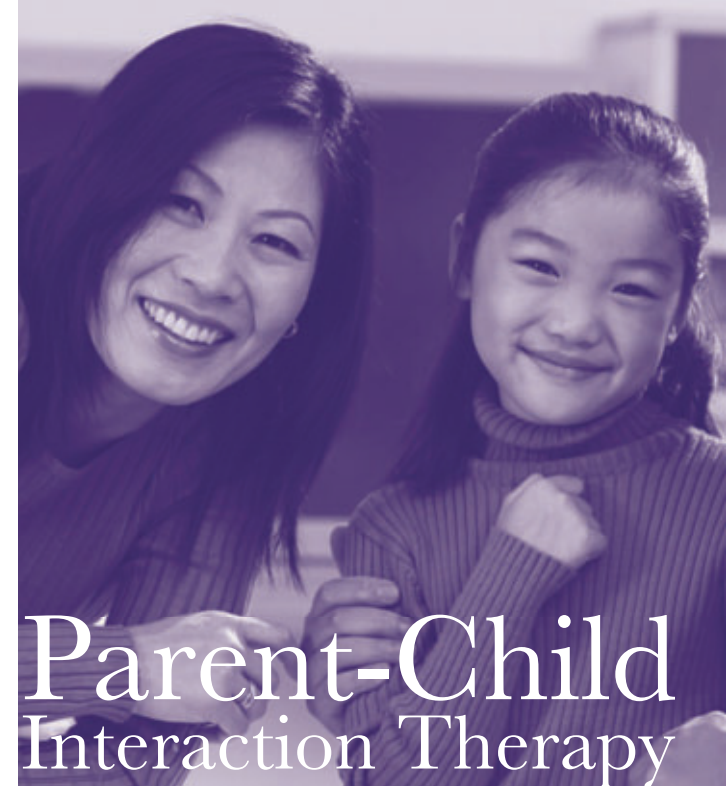
Our Mission

Bethanna is a Christian agency that provides the highest quality system of care to children and families in order to ensure safety, restore emotional wellness and build family stability.

Bethanna provides services to clients without regard to race, color, religious creed, disability, or origin.



www.bethanna.org



Bethanna

SERVING CHILDREN AND
FAMILIES SINCE 1934

PARENT-CHILD INTERACTION THERAPY

Parent-Child Interaction Therapy (PCIT) is a behavioral health intervention that focuses on improving the caregiver-child relationship and increasing children's positive behaviors.

WHO IS PCIT FOR?

Children who have experienced stress or trauma

Children ages 2-8 with the following behavior problems:

- Refuse or won't follow directions.
- Engage in power struggles.
- Lose temper easily / tantrum.
- Annoy others on purpose.
- Always want attention.
- Steal things.
- Destroy things.
- Start fights / hurt others.
- Have difficulty staying seated.
- Have difficulty playing quietly.
- Have difficulty taking turns.

Caregivers experiencing stress and/or difficulty managing their child(ren)'s behavior

WHAT IS PCIT?

Parent-Child Interaction Therapy (PCIT) consists of 12-20 sessions and focuses on two basic interactions:

Child Directed Interaction (CDI):

Caregivers learn to use the PRIDE skills (Praise, Reflect, Imitate, Describe, Enthusiasm) as they follow the child's lead during play.

They ignore annoying or obnoxious behaviors and control dangerous behaviors.

Parent Directed Interaction (PDI):

Caregivers learn to use effective commands and specific behavior management techniques as they play with their child. Caregivers are taught effective time out procedures and how to manage children's behaviors in real-world settings.

PCIT is fun for both the caregiver and child. Caregivers generally see marked improvement in 3-4 sessions.

HOW DOES PCIT WORK?

PCIT is an exceptionally effective treatment backed by 20 years of research. Live coaching is the primary method of caregiver training in PCIT. Caregivers are coached in specific play therapy and discipline skills by the PCIT lead clinician through an earpiece while the clinician observes the caregiver and child interacting.

Advantages of live coaching:

- Skills are acquired more rapidly because caregivers learn by doing.
- Clinician supports caregivers as they learn the PRIDE skills.
- Caregivers quickly become confident and proficient in skills with child.
- Clinician provides immediate feedback to caregivers.

Caregivers are given a homework assignment after each session to practice PRIDE skills with children every day for 5 minutes.

