

**WHAT IS THE
PECE
PARENTING
PROGRAM?**

An opportunity to.....

**Commit quality time with your children.*

**Strengthen the parenting skills you already possess*

**Learn different styles of parenting that will enable you to enjoy your children even more*

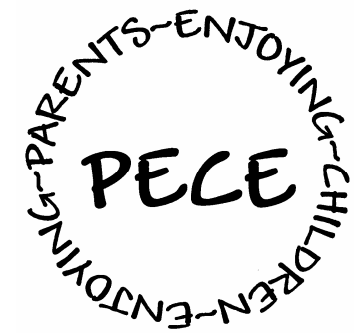
**Meet other parents and share your parenting tips*

**Learn new skills that will assist you in your parenting journey*

PECE is an innovative parenting program that builds on the strength of parents and their children. Through this program, parents develop parenting skills so they can effectively communicate, discipline and enjoy their children.



1030 Second Street Pike
Southampton, PA 18966



**PECE
PARENTING
PROGRAM**

A Bethanna-sponsored program designed to enhance parenting skills.

Description of Program

The PECE Parenting Program is designed to assist parents in building confidence, self-esteem and practical skill development. The program allows for more enjoyable and safe parent and child interactions.

Twice a week sessions consist of:

- *Class time where parents learn various parenting skills through discussion and small group exercises.
- *Parent/child interaction groups which provide parents a chance to practice what they learned in class with their children.
- *A socialization activity to assist parents in meeting their social needs.

Topics for the class sessions include:

- *Handling parenting stress and coping skills
- *Learning about child development
- *Developing parenting styles
- *Understanding your child
- *Improving communication skills
- *Improving child discipline
- *Navigating your child's education



Successful Completion

Parents interested in completing the parenting program can do so through consistent attendance, active participation and completion of homework. Certificates are awarded to parents who meet the completion requirements for the program.

More Information

**Questions?
Want to register for a class?**

**Call Bethanna's PECE Program
215-355-6500**