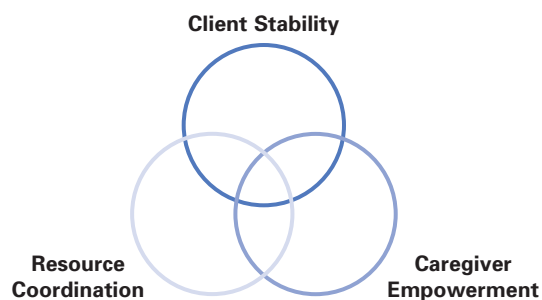


Bethanna is a nonprofit social services agency that supports children and families during difficult life transitions. Bethanna's programs and services preserve, strengthen and sustain birth, foster and adoptive families through a system of quality care. Our agency offers community-based programs and services that focus on these primary goals: the safety, permanency and well-being of Bethanna's constituents.

Case data shows a 90% reduction in the placement of clients in psychiatric hospitals or residential treatment facilities while receiving treatment from CTSS.



Supporting children and families along their life journeys

CTSS Is A COMMUNITY-BASED SERVICE

Referrals should be made to:

1212 Wood Street
Philadelphia, PA 19107

215.568.2435 • 800.285.2435

For more information, contact:

Community Treatment Services

215.355.6500, ext. 271

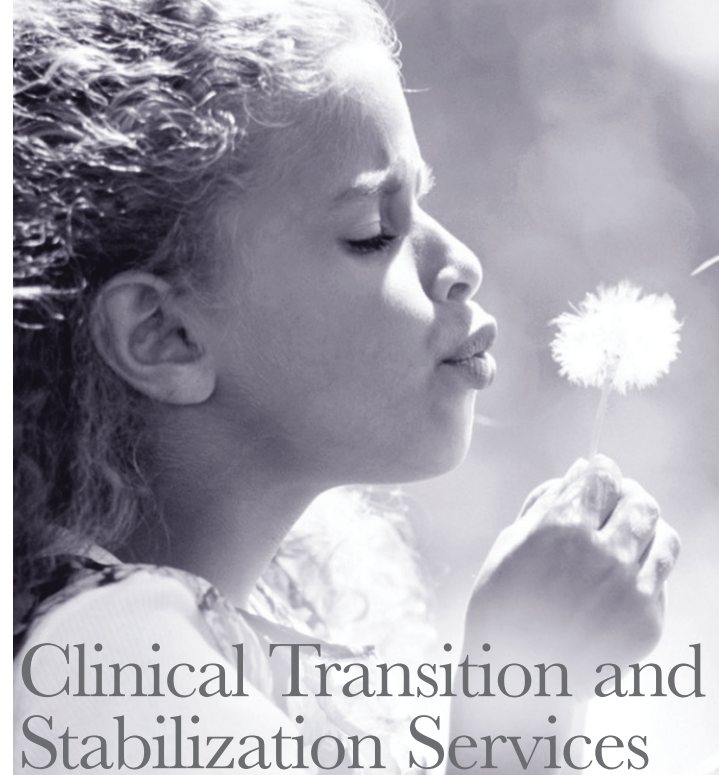
A copy of the official registration and financial information of Bethanna may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 800.732.0999. Registration does not imply endorsement.

OUR MISSION

Bethanna is a Christian agency that provides the highest quality system of care to children and families in order to ensure safety, restore emotional wellness and build family stability.

Bethanna provides services to clients without regard to race, color, religious creed, disability, or origin.

Bethanna
www.bethanna.org



Bethanna

SERVING CHILDREN AND
FAMILIES SINCE 1934



OVERVIEW OF CLINICAL TRANSITION AND STABILIZATION SERVICES (CTSS)

Clinical Transition and Stabilization Services is a short-term program (a maximum of 90 days) that addresses the mental health and stabilization needs of youth ages 4 to 21 in the foster care system. Services are provided by a team consisting of a Master's level mental health clinician and a Bachelor's level mental health worker. This team provides therapeutic support, as needed, in all of the child's day-to-day life domains, including home, school and community, to achieve stability and successful transitions to other treatment services.

The program's goals include:

- Reducing the number of disruptions in foster care home placements;
- Fostering caregiver acceptance and understanding of children's mental health problems;
- Reducing the need for higher levels of services, such as hospitalization or a residential treatment facility;
- Building positive relationships between children and their foster and biological families.

WHAT TREATMENT SERVICES ARE PROVIDED?

Treatment plans are developed in response to the client and family's clinical needs. The CTSS team provides the following treatment services:

- In-home Individual and Family Therapy
- Crisis Intervention
- One-on-one Support and Modeling in Home, School and Community
- Evaluation and Medication Management through Bethanna's Mental Health Clinic
- Psychoeducation for Child's Caregivers, Foster Care Agency Staff and School Personnel
- Coordination of Needed Supports and Services



Clients who typically receive CTSS include those who have histories of abuse, neglect, loss and trauma. Symptoms that are often the focus of treatment include: aggression, impulsivity, depression, anxiety, post-traumatic stress disorder, sexualized behavior, self-injurious behavior, destruction of property, opposition and defiance, school difficulties, running away, and eating disorders.

WHO IS ELIGIBLE FOR SERVICES?

Clients eligible for services must:

- Be enrolled with Philadelphia County Community Behavioral Health (CBH);
- Reside in a foster home with a caregiver;
- Be at risk of losing their foster care placement due to disruption; or
- Stepping down from a more intensive level of care, including inpatient and residential treatment; or
- Recently placed in a home as an emergency placement.

Clients who are receiving outpatient therapy are also eligible. *However, clients receiving Behavioral Health Rehabilitative Services (BHRS or SBBH) are not eligible.*

HOW ARE FAMILIES INVOLVED IN THE TREATMENT PROCESS?

Utilizing a team approach, participation of foster parents, social workers, school personnel, and biological parents is the foundation of the treatment model. Treatment sessions occur in the setting most appropriate for the child and family in order to achieve stability.

