

# Bethanna

www.Bethanna.org



## Strengthening Families Event Calendar December 2023

Must register for ALL EVENTS

### At a Café you'll enjoy:

- Honest conversation
- Connecting with neighbors
- Discovering community resources
- Raffle prizes and a meal

### Contact our Team:

#### Parent Cafes & Events

- Carolotta Q. Stafford | 267-524-2470  
[cstafford@bethanna.org](mailto:cstafford@bethanna.org)
- Khadija H. Bey | 267-290-3800  
[Khudgins-bey@bethanna.org](mailto:Khudgins-bey@bethanna.org)

### Interest in being a Foster/Adoptive Parent? Attend an info session to learn:

- The need for foster & adoptive parents
- Bethanna's Foster Care & Adoption approval process
- How you can make a difference in the life of a child

### For more information contact

- Donna Wright | 267-294-0538  
[dwright@bethanna.org](mailto:dwright@bethanna.org)
- Brian Weaver | 215-539-7410  
[bweaver@bethanna.org](mailto:bweaver@bethanna.org)

### Director of Community Engagement

- Kamau Kanyi | 267-294-0410  
[kkanyi@bethanna.org](mailto:kkanyi@bethanna.org)

Like Bethanna on Facebook

<https://www.facebook.com/BethannaCS>

[www.bethanna.org](http://www.bethanna.org)

**Tuesday  
December  
5**

**Virtual Café: Co-Parenting**

2 – 4 pm |

**Effective Co-Parenting**

Please Register via RSVP: <https://bit.ly/BPCD5>

Zoom Meeting ID: 860 7510 3167

**Tuesday  
December  
12**

**Foster Care & Adoption Information Session**

Email Brian or Donna for registration link.

11.00 a – 12:30 p

Learn about becoming a Bethanna Foster or Adoptive Parent

**Wednesday  
December  
13**

**Resilience through the Holidays Café: In Person**

2 – 4 pm | 2501 Reed St. Training Center

Celebrating in spite of holiday stress.

Register via [Khudgins-bey@bethanna.org](mailto:Khudgins-bey@bethanna.org)

**Tuesday  
December  
16**

**Holiday Event: Christmas on 24<sup>th</sup> Street**

2:00 – 4:00 pm

Church of the Redeemer Baptist (Fellowship Hall)

1440 S. 24<sup>th</sup> Street Phila. PA 19146

Please Register via [cstafford@bethanna.org](mailto:cstafford@bethanna.org)

**Tuesday  
December  
19**

**Virtual Café: Preparing for a New Year**

2:00 – 4:00 pm

Taking stock and look ahead

Please Register via RSVP: <https://bit.ly/BPCD9>

Zoom Meeting ID: 897 9093 5229

**Thursday  
December  
28**

**Foster Care & Adoption Information Session**

Email Brian or Donna for registration link.

2.30 p – 4:00 p

Learn about becoming a Bethanna Foster or Adoptive Parent

# Parent Cafes – Protective Factors

Community Umbrella Agencies (CUAs) host Parent Cafés in 10 different regions across Philadelphia. Bethanna hosts our cafés in South Philadelphia and Center

City. Cafés are safe spaces where parents/caregivers, and family members support each other. They are judgement-free sessions and discussions revolve around the 5 protective factors below. These factors help people to recognize their strengths and learn how to build on them. It's a great way to discuss the highs and lows of parenting. All are welcome and a meal and childcare are provided at in-person cafés, some are being held virtually through Zoom.

Registration is required for both. For more info you can contact:  
Carolotta Q Stafford | 267-524-2470 [cstafford@bethanna.org](mailto:cstafford@bethanna.org) or  
Khadija Hudgins-Bey | 267-290-3800 [khudgins-bey@bethanna.org](mailto:khudgins-bey@bethanna.org)

## PARENTAL RESILIENCE



**BE STRONG AND FLEXIBLE**

## SOCIAL CONNECTIONS



**HAVE PEOPLE WHO CARE**

## KNOWLEDGE OF PARENTING & CHILD DEVELOPEMENT



**DEVELOP YOUR PARENTING TOOLKIT**

## SOCIAL & EMOTIONAL COMPETENCE OF CHILDREN



**HELP YOUR KIDS WITH THEIR FEELINGS**

## CONCRETE SUPPORTS IN TIMES OF NEED



**GET OUTSIDE HELP WHEN YOUR FAMILY NEEDS IT**