

Bethanna

www.Bethanna.org



Community Engagement Strengthening Families Event Calendar - February 2024

Must register for ALL EVENTS

At a Café you'll enjoy:

- Honest conversation
- Connecting with neighbors
- Discovering community resources
- Raffle prizes and a meal

Contact our Team:

Parent Cafes & Events

- Khadija H. Bey | 267-290-3800
Khudgins-bey@bethanna.org

Interest in being a Foster/Adoptive Parent? Attend an info session to learn:

- The need for foster & adoptive parent
- Bethanna's Foster Care & Adoption approval process
- How you can make a difference in the life of a child

For more information contact

- Donna Wright | 267-294-0538
dwright@bethanna.org
- Brian Weaver | 215-539-7410
bweaver@bethanna.org

Director of Community Engagement

- Kamau Kanyi | 267-294-0410
kkanyi@bethanna.org

Like Bethanna on Facebook

<https://www.facebook.com/Bethanna>

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**Monday
February
12**

Vitality Parent Café: Celebrating Black History Month

Finding Hope

2 – 4 pm |

Please Register via:

Zoom Meeting ID : 85249352603

<https://bit.ly/BPC212>

**Tuesday
February
20**

Vitality Parent Café: Being Strong For Us & Others

Pouring from a Full Cup

12.00 pm – 2.00 pm

Please Register via <https://bit.ly/BTPC220>

**Wednesday
February
28**

Vitality Parent Café: Honoring Others

Everyday Heroes & Heroines

2.00– 4:00 pm

Please Register via RSVP:

Zoom Meeting ID: 89751305956

<https://bit.ly/BPC228>

**Thursday
February
29**

Joint CUA 8 & 10 Community Event:
Celebrating Black History Month

Bethanna West Philadelphia

5.00 p – 7:00 p

Family Fun event with resources and food

RSVP: kkanyi@bethanna.org

Parent Cafes – Protective Factors

Community Umbrella Agencies (CUAs) host Parent Cafés in 10 different regions across Philadelphia. Bethanna hosts our cafés in South Philadelphia and Center

City. Cafés are safe spaces where parents/caregivers, and family members support each other. They are judgement-free sessions and discussions revolve around the 5 protective factors below. These factors help people to recognize their strengths and learn how to build on them. It's a great way to discuss the highs and lows of parenting. All are welcome and a meal and childcare are provided at in-person cafés, some are being held virtually through Zoom.

Registration is required for both. For more info you can contact:
Carolotta Q Stafford | 267-524-2470 cstafford@bethanna.org or
Khadija Hudgins-Bey | 267-290-3800 khudgins-bey@bethanna.org

PARENTAL RESILIENCE



BE STRONG AND FLEXIBLE

SOCIAL CONNECTIONS



HAVE PEOPLE WHO CARE

KNOWLEDGE OF PARENTING & CHILD DEVELOPEMENT



DEVELOP YOUR PARENTING TOOLKIT

SOCIAL & EMOTIONAL COMPETENCE OF CHILDREN



HELP YOUR KIDS WITH THEIR FEELINGS

CONCRETE SUPPORTS IN TIMES OF NEED



GET OUTSIDE HELP WHEN YOUR FAMILY NEEDS IT